

Establishing a Monitoring Approach for Marine Heatwaves in the Black and Mediterranean Seas

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Abstract. Increased frequency and intensity of marine heatwaves (MHWs) are contributing to cumulative thermal stress on
10 marine systems, as extreme temperature events interact with long-term ocean warming. These impacts are particularly
relevant in semi-enclosed basins such as the Mediterranean and Black Seas, where surface warming and rising ocean heat
content (OHC) have been especially pronounced over the past decade. While MHW-related effects have been documented in
the Mediterranean Sea, assessments remain limited for the Black Sea. Most studies to date have focused on sea surface
15 manifestations of MHWs, although it is well established that such extremes can also extend into near-surface layers below
the mixed layer. However, the vertical structure and persistence of MHWs beneath the surface remain less understood,
particularly in the Black Sea. In this context, this study aims to identify and characterize MHWs in both surface and
subsurface waters in the Mediterranean and Black Seas, and to provide a framework for monitoring MHWs within the upper
water column. To this end, MHWs were detected using both sea surface temperature (SST) and OHC anomalies down to 40
20 m depth, allowing for the assessment of their spatial structure and vertical consistency. SST- and OHC-derived metrics
generally show good agreement, particularly in the event's duration and frequency. Seasonal analysis further reveals that
summer MHWs are typically more intense and show weaker surface–subsurface correlations, whereas winter events are
more vertically coherent. Discrepancies between surface and subsurface MHW metrics are particularly evident in the Black
Sea, where circulation patterns associated with the Rim Current appear to influence the vertical structure of heat extremes,
leading to subsurface events that are not captured by surface-based metrics. In contrast, in the Adriatic Sea, reduced winter
25 mixing and persistent stratification contribute to intensified MHW activity in both surface and subsurface layers. In 2024,
both the Black Sea and Mediterranean Sea experienced record-high MHW intensities and durations, with events lasting over
30 days and temperature anomalies exceeding 4.6 °C in key regions such as the Anatolian coast, where summer upwelling
commonly influences local ocean conditions. To improve MHW monitoring, we recommend integrating both SST- and
OHC-based methods to capture surface and subsurface events in these regions. Nevertheless, due to regional variability,
multiple MHW definitions such as threshold based approaches, including the Hobday framework which also defines MHW
categories, are necessary to accommodate diverse monitoring objectives and management strategies.

1 Introduction

The rapid rise in ocean temperature due to global warming has led to a significant increase in the frequency and intensity of marine heatwaves (MHWs) in recent decades (Oliver et al., 2018; Fox-Kemper et al., 2021; Cooley et al., 2022). These extreme thermal events are typically characterized as periods lasting at least five days, during which sea surface temperatures (SSTs) exceed the 90th percentile relative to a historical baseline (Hobday et al., 2016; HD2016 hereafter). In recent years, favorable atmospheric conditions, such as weakened winds, increased shortwave radiation and reduced heat losses from the ocean, have contributed to the increased frequency and spatial extent of MHWs, resulting in severe disruptions to marine ecosystems and global biodiversity (Tan et al., 2022; Smith et al., 2023; Darmaraki et al., 2024). Large-scale climate modes, most notably the El Niño–Southern Oscillation (ENSO), also play a central role in driving prolonged MHW conditions, particularly when remote anomalies are reinforced by local atmospheric and oceanographic processes (Holbrook et al., 2019; Dutheil et al., 2024; Gregory et al., 2024). At the local scale, oceanographic mechanisms are also significant, as reduced upwelling limits the supply of cooler waters and enhanced eddy activity traps heat and prolongs events (Izquierdo et al., 2022; Su et al., 2025). The combined influence of large-scale climate modes and local ocean-atmosphere interactions has been recognized as a key driver of extreme events, as detailed by Sen Gupta et al. (2020) in their review of the most impactful MHWs globally.

In the Mediterranean Sea, Marullo et al. (2023) investigated the role of atmospheric forcing and linked the development of SST anomalies to the prevalence of anticyclonic atmospheric conditions during the well-known MHW event of 2022–2023. Pastor et al. (2024) revealed the co-occurrence of marine and atmospheric heatwaves, with their relationship exhibiting spatial variability throughout the region. Moreover, correlations of MHWs with large-scale climate modes, such as the East Atlantic and East Atlantic–West Russian patterns, combined with their concurrence with atmospheric heatwaves, may amplify intensity and spatial extent of MHWs in this region (Hamdeno and Alvera-Azcaráte, 2023). Darmaraki et al. (2024) provide a comprehensive overview of the local and large-scale mechanisms driving Mediterranean MHWs, which result in ecological consequences. These events are associated with the onset of mass mortality events in the regional ecosystem (Garrahou et al., 2022). In line with these ecological effects, a recent study demonstrated that they may also disrupt essential ecosystem processes, such as inhibiting the spring phytoplankton bloom in the northwestern Mediterranean (Li et al., 2024). During summer 2022, MHWs severely impacted benthic communities in the northwestern Mediterranean, causing extensive mortality of gorgonians and red corals in the Calanques National Park (Estaque et al., 2023) and pronounced subsurface warming down to 30–40 m in the northeastern Gulf of Lion, affecting gorgonian populations (Estournel et al., 2025). The potential to cause significant changes in ecosystems and biota, with vast socio-economic impacts, makes the research on MHWs indispensable.

From HD2016's MHW definition, several variants have been developed to define extreme sea temperature events. These typically vary in the way temperature anomalies are identified. For instance, some definitions use fixed SST thresholds, while others rely on climatology-based percentiles, which may be calculated using either a fixed baseline or a moving

65 average (Rosselló et al., 2023). Higher thresholds (e.g. 99th percentile) detect fewer but more extreme MHW events (Cheng et al., 2023). To separate long-term ocean warming from short-term extremes, detrending methods are often used (Martínez et al., 2023; Capotondi et al., 2024). In a similar way, moving-average climatologies – which consider years close to the target year – can reduce the imprint of the warming trend. There are also approaches that include spatial characteristics to better reflect the extent and ecological importance of these temperature events (Bonino et al., 2023). However, when
70 considering ecological impacts specifically, it remains challenging to adopt a single MHW definition that applies across all regions, ecosystems, and species, as temperature thresholds and biological responses can vary widely (Amaya et al., 2023). Recent studies have characterized MHWs in the Mediterranean Sea, highlighting their spatial features, temporal evolution, and representation in observational and reanalysis datasets (e.g. Dayan et al., 2022; Dayan et al., 2023; Marullo et al., 2023; Rosselló et al., 2023; Darmaraki et al., 2024; Pastor et al., 2024). For example, Dayan et al. (2022) have demonstrated the
75 relevance of regional high-resolution reanalysis data for representing MHW statistics, showing high-skills of the regional reanalysis as compared to the remote sensing data.

In a subsequent study, Dayan et al. (2023) examined subsurface MHWs by employing an ocean heat content (OHC) indicator that integrates temperature across different depths. Monitoring MHWs below the surface is essential because subsurface anomalies can persist longer than surface events and affect ecological and socio-economic systems, including
80 fisheries, aquaculture, and biogeochemical cycles. Developing indicators which cover depth ranges therefore provides critical information beyond what is captured by SST alone. Dayan et al. (2023) found that subsurface MHWs occur less frequently but with longer duration than surface events, and this prolonged persistence at depth may be linked to wind-driven processes that facilitate the downward propagation of thermal anomalies (Darmaraki et al., 2024). Similarly, McAdam et al. (2023) defined subsurface MHWs using OHC integrated over the upper 0-40 m and demonstrated that seasonal indicators of
85 subsurface MHWs are predicted with greater accuracy than the more commonly-used surface-focused indicators, highlighting the added value of considering subsurface events.

While studies on MHWs are extensive in the Mediterranean Sea, comparable research in the Black Sea remains limited. To our knowledge, Mohamed et al. (2022) is the only study to date that specifically investigates MHWs in this region using satellite data. Their analysis examined trends in MHW frequency in relation to the rate of SST warming. The new
90 Copernicus Black Sea reanalysis (product ref. no. 3 in Table 1; Lima et al., 2025), configured at a horizontal resolution of $1/40^\circ$ with 121 vertical levels, has served as the foundation for developing Ocean Monitoring Indicators (OMIs) for the region. In particular, the OHC OMI indicates a warming trend of approximately $0.77 \pm 0.07 \text{ W m}^{-2}$ (2005-2022) in the Black Sea (EU Copernicus Marine Service Product, 2024f; <https://doi.org/10.48670/moi-00306>). This ocean warming signal, which has also impacted the formation of its cold intermediate layer (CIL) in recent years (Stanev et al., 2019; Lima et al.
95 2021, 2025), emphasizes the importance of studying MHWs in Black Sea.

We focus on OHC integrated over the upper 0-40 m layer, which encompasses the biologically productive epipelagic zone and the upper mixed layer in both the Mediterranean and Black Seas. This depth range is particularly relevant for ecology and coastal management, as it includes the main habitat of commercially important species and most aquaculture operations,

where organisms are directly exposed to heat anomalies (Granata et al., 2010; Cheminée et al., 2021; Macias et al., 2019; Nenciu et al., 2023). Building on earlier efforts, this study revisits work on the Mediterranean Sea (e.g., Dayan et al., 2022, 2023) using an updated reference climatology and extends them by applying a consistent monitoring framework to both the Mediterranean and Black Seas. It includes an uncertainty assessment of key MHW metrics based on multiple datasets and provides insights into historical MHW characteristics in the less-studied Black Sea. Additionally, SST and upper-OHC indicators are integrated within a unified monitoring perspective, allowing the surface and subsurface expressions of MHWs to be jointly assessed. While the use of multiple observational and reanalysis products has been previously explored for the Mediterranean Sea, this multi-dataset approach is here applied consistently to both basins, providing new insights into historical MHW characteristics. The primary objective is to develop a comprehensive monitoring approach for MHWs in both regional seas. The primary objective is to develop a comprehensive monitoring approach for MHWs in both regional seas.

The manuscript is structured as follows: Section 2 describes the datasets and methodologies used to detect MHWs across both basins. Section 3 presents and discusses key MHW metrics derived from the standard definition, applied to SST as well as OHC for subsurface detection. MHW metrics are subsequently examined with respect to the water mass structures in the Mediterranean and Black Seas. Section 4 concludes the study and proposes an OMI for tracking MHWs in these regions. The comparison between standard MHW metrics and those obtained using a detrending approach is presented exclusively in the Appendix as supplementary material.

Table 1: Product table.

Product ref. no.	Product ID & type	Data access	Documentation
1	SST_BS_SST_L4_REP_OBSERVATIONS_010_022; satellite observations	EU Copernicus Marine Service Product (2024a)	Quality Information Document (QUID): Pisano et al. (2024a) Product User Manual (PUM): Pisano et al. (2024b)
2	SST_MED_SST_L4_REP_OBSERVATIONS_010_021; satellite observations	EU Copernicus Marine Service Product (2024b)	QUID: Pisano et al. (2024c) PUM: Pisano et al. (2024d)
3	BLKSEA_MULTIYEAR_PHY_007_004 (BLKREA); numerical models	EU Copernicus Marine Service Product (2024c)	QUID: Lima et al. (2024) PUM: Lecci et al. (2024a)

4	MEDSEA_MULTIYEAR_PH Y_006_004 (MEDREA); numerical models	EU Copernicus Marine Service Product (2024d)	QUID: Escudier et al. (2024) PUM: Lecci et al. (2024b)
5	GLOBAL_MULTIYEAR_PH Y_001_030 (GLOREA); numerical models	EU Copernicus Marine Service Product (2024e)	QUID: Drévillon et al. (2024a) PUM: Drévillon et al. (2024b)

2 Data and methods

120 We follow the definition of MHWs from HD2016, originally formulated for SST, and extend it here to upper-OHC. The HD2016 detection framework is applied independently to each selected thermal field. A MHW is defined as a period in which the selected thermal field exceeds a set threshold for at least five consecutive days. This threshold correspond to the 90th percentile of the local daily mean value computed over the long-term reference period (1993–2022), which was selected to ensure consistency across all datasets, as the Black Sea regional reanalysis starts in 1993, thereby accounting for the long-
125 term warming signal present in each field. If two MHW events are separated by a gap of two days or fewer during which the selected field remains below the threshold, they are merged and treated as a single continuous event. In addition to the standard approach, we perform a separate analysis to examine how removing long-term trends affects MHW detection, applying a detrending method to Mediterranean subregions and to the Black Sea as a whole (Appendix A). Specifically, we remove the linear trend of SST or OHC individually at each grid point before applying the detection algorithm. Table 2
130 presents the MHW metrics analyzed and discussed in this study.

We detect MHWs using both SST and upper-OHC integrated over the 0-40 m layer, based on regional and global reanalysis datasets, and additionally using observational SST products for SST-based analyses. The choice of the 0-40 m layer is primarily motivated by its biological relevance, as it represents the upper portion of the epipelagic zone, which concentrates most biological productivity and socio-economic activities in the Mediterranean and Black Sea (Kubryakov et al., 2020;
135 Konsta et al., 2025), and therefore constitutes a relevant layer for assessing the biogeochemical impacts of MHWs. From a physical perspective, MLD in the Mediterranean Sea is typically much shallower than 40 m, particularly between spring and autumn (Houpert et al., 2015), and during surface MHWs (Darmaraki et al., 2025). Therefore, the 0-40m range can also be used to identify upper ocean events which are not reflected by surface-only monitoring (Juza et al., 2022; Dayan et al., 2023). In this work, we further explore this assumption, for example during winter when MLD extends to depths beyond 40
140 m. Identifying extremes in heat content over a depth range is favoured over focusing on specific depth levels, given that many marine species migrate vertically throughout the day and to avoid surface-only extremes (Ma & Chen, 2025).

Table 2: MHW metrics following Hobday et al. (2016) and Dayan et al. (2022), including additional diagnostic metrics used in this study.

Frequency	Number of discrete events
Duration	Consecutive period of time during which the temperature exceeds the 90th percentile
Maximum intensity	Highest temperature anomaly value relative to the climatology
Trends	Least-squares regression of all metrics with 95% of confidence interval
Ensemble spread	The variability of each MHW metric among ensemble members, calculated as the standard deviation of that metric
Percentage discrepancy	Relative difference between reanalysis-derived MHW metrics and observation-based reference values, computed from basin-averaged differences and expressed as a percentage of the reference

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The Mediterranean Sea regional reanalysis (product ref. no. 4 in Table 1) is configured with a horizontal grid resolution of $1/24^\circ$ (approximately 4–5 km) and 141 unevenly spaced vertical levels (Escudier et al., 2021). In contrast, the Black Sea regional reanalysis (product ref. no. 3 in Table 1) employs a finer horizontal resolution of $1/40^\circ$ and 121 unevenly spaced vertical levels (Lima et al., 2025). Both regional reanalyses are forced with atmospheric data from the ERA5 reanalysis (Hersbach et al., 2020), assimilate in situ temperature and salinity profiles, along-track sea level anomaly observations, and apply SST relaxation to correct surface heat fluxes. They serve as the basis for MHW detection in this study. For broader comparison, MHWs are also identified using a global reanalysis product (product ref. no. 5 in Table 1), which has a coarser horizontal resolution of $1/12^\circ$ and includes 50 vertical levels (Lellouche et al., 2021). This global product is forced with ERA-Interim atmospheric reanalysis (Dee et al., 2011) until end of 2018 and ERA5 reanalysis thereafter and assimilates in situ observations, along-track SLA, and SST data. Additionally, for validation and complementarity, we compare reanalysis-derived MHW metrics based on SST with those obtained from an observational-based Level 4 SST product (product refs. no. 1 and 2 in Table 1; Pisano et al., 2016; Embury et al., 2024). All datasets can be accessed through the Copernicus Marine Service catalogue, which provides comprehensive documentation on their specifications and quality assessments.

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For evaluating the OHC anomaly, we apply a formula similar to that used by Lima et al. (2020, 2021), which has also been adopted for calculating the OHC OMI for the Black and Mediterranean Seas within the Copernicus Marine Service framework (EU Copernicus Marine Service Product, 2024f, 2024g). The OHC anomaly is defined here as the deviation from the long-term reference period and is closely proportional to the average temperature change from $z_1 = 0$ m to $z_2 = 40$ m depth:

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$$OHC = \int_{z_1}^{z_2} \rho_0 c_p (T_m - T_{clim}) dz \quad (1)$$

165 with a reference density $\rho_0 = 1020 \text{ kg m}^{-3}$ and a specific heat capacity $c_p = 3980 \text{ J kg}^{-1} \text{ }^\circ\text{C}^{-1}$; T_m corresponds to the daily average temperature and T_{clim} denotes the climatological temperature for the corresponding day, calculated over a 30-year period (1993–2022), consistent with the baseline period used to define MHWs.

3 Results and discussion

3.1 SST-Derived Surface Marine Heatwave Characterization

170 The surface MHW metrics in the regional reanalyses (product refs. no. 3 and 4 in Table 1) over the period 1993–2024 (Figure 1), confirm and update the basin-scale patterns of the Mediterranean Sea previously reported (e.g. Dayan et al., 2022; 2023). The average number of MHW events is slightly lower along certain coastal regions of North Africa, particularly between 10°E and 35°E (Figure 1a). Despite this lower frequency, the average duration of events in these areas is relatively high, exceeding 30 days (Figure 1b), suggesting fewer but more persistent heatwaves. Mignot et al. (2022) define persistent 175 MHWs as events lasting over 38 days with SST anomalies above 2.3°C at the global ocean scale. In contrast, most of the Adriatic Sea, as well as the Ionian Sea, Gulf of Lion, and the area extending from the Algerian current to Crete exhibit higher average numbers of events (e.g. >2.4 per year), but shorter durations (<18 days), indicating frequent but brief MHW occurrences (Figures 1a-1b).

A similar spatial pattern is observed in the northern Black Sea, particularly in the area near the Kerch Strait, where MHWs 180 occur more frequently but are shorter in duration, with approximately 2.6 events per year lasting between 10 to 14 days (Figures 1a-1b). In contrast, the central and southern regions of the basin, highlighted by green shading in both the spatial maps of mean frequency and duration, exhibit a lower frequency of events, ranging from around 1.8 to 2.2 events per year, but with longer average durations of approximately 18 to 22 days (Figures 1a-1b). This spatial differentiation is generally consistent with the findings of Mohamed et al. (2022), especially regarding the northern sector.

185 The mean intensity of MHWs is notably high in the Black Sea, exceeding 2.85°C relative to the daily climatology for 1993–2022 in specific areas such as the northwestern shelf, the Anatolian and Caucasian coasts (Figure 1c). In the Mediterranean Sea, similarly elevated intensities are observed in the northern Adriatic Sea and the Gulf of Lion, extending offshore towards the regions surrounding Corsica. In these areas, the results suggest that MHWs tend to be short and frequent but exhibit relatively high intensity.

SST MHW

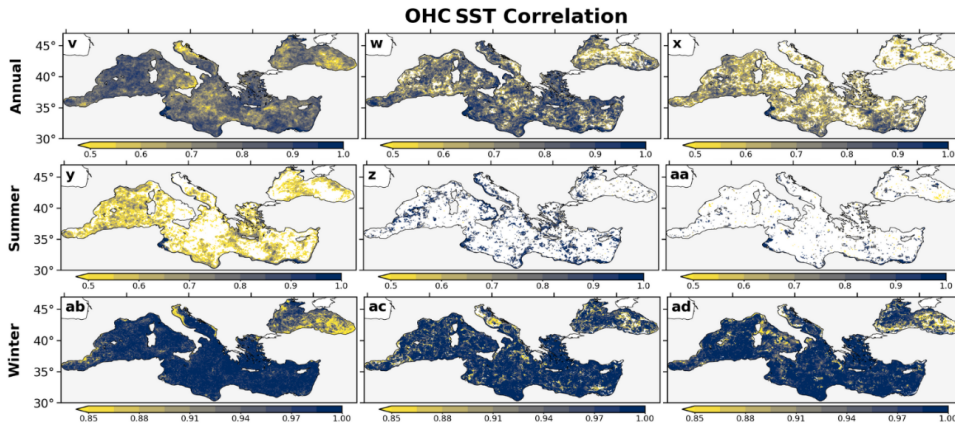
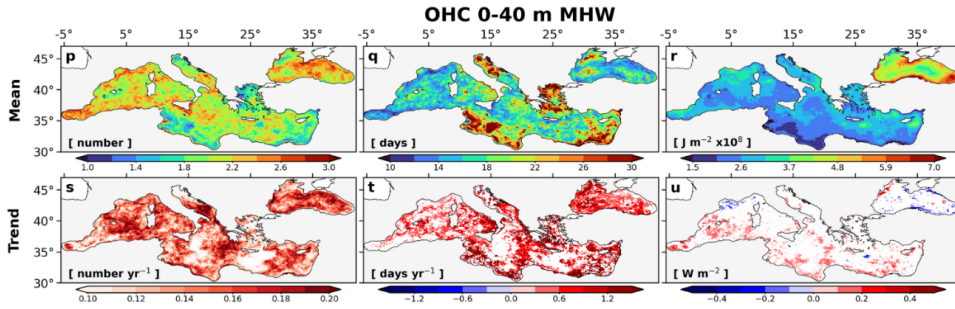
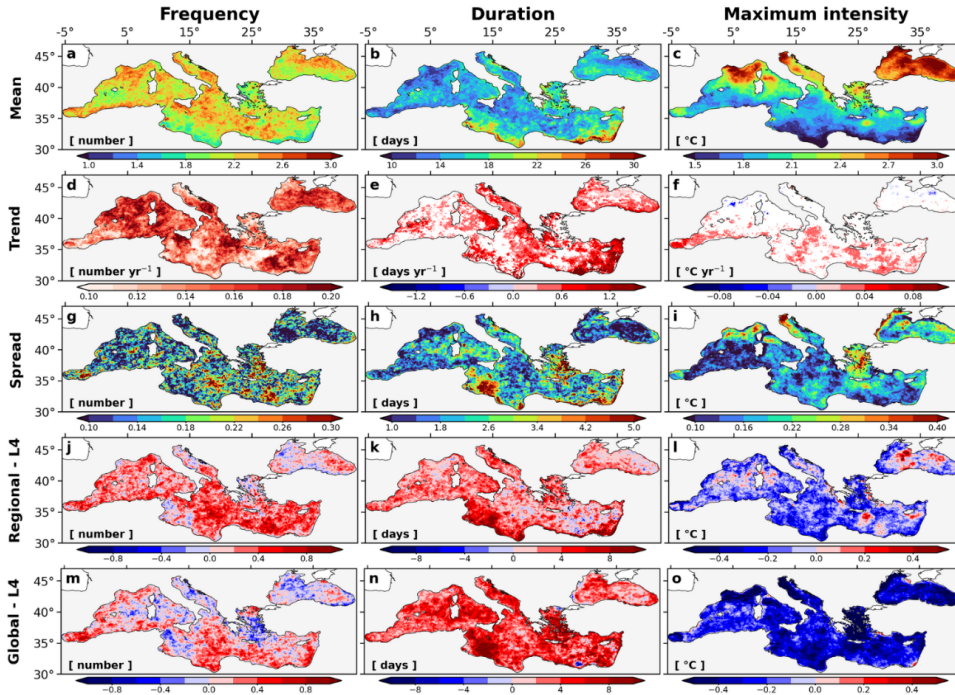


Figure 1: Spatial distribution of MHW metrics derived from SST and upper OHC (0–40 m) in the regional reanalyses (product refs. no. 3 and 4 in Table 1) for the period 1993–2024. Panels a–c show the spatial patterns of mean values of annual MHW metrics based on the SST definition, while panels d–f display the corresponding statistically significant trends of annual MHW metrics ($p < 0.05$). Panels g–i present the spread of annual MHW metrics based on the SST definition across the regional reanalysis, global reanalysis (product ref. no. 5 in Table 1), and SST-L4 observational products (product refs. no. 1 and 2 in Table 1). Panels j–l and m–o show the differences in annual SST-derived MHW metrics between the regional and global reanalyses relative to the SST-L4 observational product. Panels p–r display the spatial patterns of mean values of annual MHW metrics derived from OHC in the regional reanalysis, while panels s–u show the corresponding statistically significant trends of annual MHW metrics ($p < 0.05$). Panels v–x shows the significant Pearson correlation ($p < 0.05$) between MHW metrics estimated from SST and OHC. Panels y–aa show the Pearson correlation between SST- and OHC-derived MHW metrics computed for summer, while panels ab–ad show the corresponding Pearson correlation based on winter MHW metrics ($p < 0.05$).

The number of MHW events has increased over time, showing positive trends of similar magnitude in both the Mediterranean and Black Seas (considering only statistically significant trends, $p < 0.05$) (Figure 1d). Notably, in the Mediterranean Sea the highest increases – exceeding 2 events per decade – are observed south of Sicily, in the southern Adriatic Sea, Cretan Passage (south of Greece and east of Ionian Sea), parts of the Balearic Sea, and east of Corsica and Sardinia. Regarding event duration, the most pronounced positive trends are observed in the eastern Mediterranean Sea, exceeding 12 days per decade ($p < 0.05$) (Figure 1e). Meanwhile, intensity trends are strongest near the Alboran Sea, increasing around 0.5°C per decade, and extending across the central and eastern Mediterranean with generally positive values ($p < 0.05$) (Figure 1f). However, this spatial extension is irregular and lacks a coherent pattern that would suggest a continuous or regionally connected increase. In the Black Sea, significant trends exceeding 0.15 events per day ($p < 0.05$) cover much of the basin, with the highest values observed south of the Crimean Peninsula (Figure 1d). Duration trends reach maximum values between 6 and 12 days per decade, particularly in peripheral zones of the basin and over the northwestern shelf (Figure 1e). In contrast, intensity trends are predominantly non-significant throughout the region (Figure 1f).

We compute the spread of the main MHW metrics using the regional and global reanalyses (product refs. no. 3, 4 and 5 in Table 1) alongside the SST-L4 observational products (product refs. no. 1 and 2 in Table 1). For the number of events, relatively high spread values are observed throughout the domain (Figure 1, row 3); notably, the highest values, exceeding 0.3, are found in the Aegean Sea, the Alboran Sea, the eastern Mediterranean Sea (Figure 1g). For event duration, the largest spread is observed in parts of the Aegean Sea and along the southern Mediterranean, particularly near the African coast south of Sicily, where values exceed 5 days (Figure 1h). In comparison, the spread in duration values is generally lower across the Black Sea. The highest spread in MHW intensity, above 0.34°C , is observed in localized areas within the Gulf of Lion and continues along the coasts surrounding Corsica into the Tyrrhenian Sea, as well as in the northern part of the Adriatic Sea and in the Aegean Sea (Figure 1i). In the Black Sea, intensity spread values of similar magnitude are found along the western coast and west of the Crimean Peninsula.

For validation, we computed the differences between metrics derived from both regional and global reanalysis data with respect to observed SST-L4 data (Figures 1j–1o), while percentage discrepancies are used to summarize basin-averaged results in Table 3. The MHW metrics derived from the regional reanalysis generally exhibit positive biases relative to the SST-L4 product in terms of number and duration, while MHW intensity from both reanalyses is lower than the observed one (Figures 1j–1o). For a more specific assessment, the Mediterranean Sea is divided into geographic subregions as proposed by

Dayan et al. (2022) (Table 3). Overall, the regional reanalysis demonstrates superior performance compared to the global reanalysis, producing results that more closely match the SST-L4 reference data, as reported for the Mediterranean Sea in previous analyses by Dayan et al. (2022). An exception is observed in the number of detected events in the whole Mediterranean Sea and the West and East Mediterranean regions, where the global reanalysis typically outperforms the regional analysis.

Based on the annual SST-based MHW metrics summarized in Table 3, the overall mean percentage discrepancies in the number of MHWs per year across the entire Mediterranean and Black Seas are 10.58% and 0.53%, respectively, for the regional reanalysis, and 3.01% and 18.15% for the global reanalysis. While the regional reanalysis exhibits higher discrepancies for this metric in the Mediterranean Sea, it performs comparably overall and clearly outperforms the global reanalysis for other MHW characteristics, including duration and maximum intensity, with lower discrepancies in both basins. When considering summer MHW metrics, percentage discrepancies in the number of events are larger for the regional reanalysis across all subdomains, whereas the regional reanalysis outperforms the global reanalysis for all subdomains in terms of MHW duration and intensity (Table 3). Winter results are generally similar, with the regional reanalysis outperforming the global product across most of the domain (Table 3). Exceptions occur when considering either the Mediterranean basin as a whole or the subregions individually, such as the western and eastern Mediterranean, and also for MHW intensity over the Black Sea, where the ensemble spread of SST-derived intensity metrics is relatively high (Figure 1i).

An overview of surface MHWs, highlighting the key findings, follows.

- Based on annual average metrics, MHWs show clear spatial differences: the northern Mediterranean and northern Black Sea generally experience frequent but short events, while the southern Mediterranean and central-southern Black Sea generally have fewer but longer-lasting heatwaves.
- According to annual average intensities, intensity hotspots are identified, with the strongest heatwaves in the northwestern Black Sea, Anatolian and Caucasian coasts, northern Adriatic, Gulf of Lion, and areas surrounding Corsica.
- Trends calculated from annual averages generally show significant increases in the number and duration of MHWs in both seas, with regional differences in intensity trends.

Table 3. Percentage discrepancies (%) based on basin-averaged differences in MHW metrics of the regional and global reanalyses (product refs. no. 3, 4 and 5 in Table 1) relative to the SST-L4 observational product (product refs. no. 1 and 2 in Table 1) for the period 1993–2024. Percentage discrepancies are derived from basin-averaged differences and are reported for MHW metrics at the annual scale (number of events per year, mean duration, and mean intensity), as well as for seasonal MHW metrics computed separately for summer and winter. Reanalysis products that produce MHW metrics closest to the observational SST-L4 product are highlighted in grey. The subdomain definition follows Dayan et al. (2022).

	Frequency (number)	Duration (days)	Maximum intensity (°C)
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	Regional	Global	Regional	Global	Regional	Global
Annual						
MED	10.58	3.01	18.15	32.41	8.65	17.60
WMED	8.99	2.98	19.89	31.07	9.58	16.42
EMED	13.80	5.60	17.13	31.00	8.75	18.23
Adriatic Sea	2.24	5.40	21.44	40.06	6.20	19.46
Aegean Sea	2.22	8.42	15.11	45.38	10.35	25.11
Black Sea	0.53	4.72	6.89	19.04	1.69	14.81
Summer						
MED	12.89	6.45	13.34	25.05	6.88	21.78
WMED	8.79	4.72	7.36	15.33	6.58	17.53
EMED	17.64	9.95	21.08	34.69	8.06	19.82
Adriatic Sea	7.13	5.30	9.82	29.94	6.86	24.09
Aegean Sea	8.24	5.52	10.39	39.21	4.68	28.88
Black Sea	5.14	0.28	3.84	4.66	5.77	14.82
Winter						
MED	10.37	2.41	36.05	64.23	7.08	13.09
WMED	7.36	1.52	33.75	51.86	8.24	11.58
EMED	16.86	1.87	33.73	61.20	3.85	15.56
Adriatic Sea	1.42	18.24	35.55	62.87	4.55	0.53
Aegean Sea	8.95	21.63	27.87	62.91	10.25	3.60
Black Sea	2.15	14.41	8.38	34.71	9.34	8.16

3.2 OHC-Derived Subsurface Marine Heatwave Characterization

We also compute analogous MHW metrics based on upper OHC (0–40 m; Figures 1p–1u). In the Mediterranean Sea, the average number of MHW events decreases compared to those derived from SST, particularly along the African coast (from 10°E to 35°E), in the Adriatic Sea, around the Gulf of Lion, and throughout much of the central basin between 15°E and

30°E (Figure 1p). These results are consistent with the conclusions of Dayan et al. (2023). In contrast, the number of subsurface MHW events increases in certain regions, such as parts of the Alboran Sea, though this increase is spatially limited, and across most of the Black Sea.

270 Unlike the number of events, the mean duration of subsurface MHWs is generally longer as compared to the events observed at the sea surface across many regions in both the Mediterranean and Black Seas (Figure 1q). In the Mediterranean Sea, notable increases in event duration are observed in the Aegean Sea, the northern and central Adriatic Sea, and the central basin – particularly between 10°E and 20°E. This includes the Gulf of Gabès and the adjacent coasts of Tunisia and Libya, where average event durations can exceed 28 days. In the Black Sea, duration increases are observed particularly in the
275 western part, between 25°E and 35°E, with values exceeding 24 days along the northwestern coast.

For intensity, the OHC-based results reveal patterns that are not captured by the SST-based definition (Figure 1r). A shared feature of both SST- and OHC-derived MHW intensity is the elevated values consistently observed in the Black Sea relative to most of the Mediterranean Sea. Notably, the mean intensity from OHC shows distinct signals associated with the Rim Current and mesoscale eddies. For example, values exceed 7.0 J m^{-2} in the Batumi region, located in the southeastern part of
280 the basin, and reach approximately 6.0 J m^{-2} west of Crimea, near the Sevastopol eddy region. Similar to the SST-derived metric, the OHC-derived intensity also shows relatively higher values in the northern Mediterranean, particularly over the Gulf of Lion, Strait of Otranto, the Crete gyre, southeast of Cyprus (Latakia eddies), Antalya Bay (Asia minor current) and the Alboran Sea. In these regions, the mean intensity can reach values above 3.7 J m^{-2} .

Similarly to the SST-derived metric, the OHC-based trends show positive values for both the number and duration of MHW
285 events (Figures 1s-1u). In the Mediterranean Sea, strong trends, exceeding 2 events per decade, are observed in the central and south Adriatic Sea, Cretan Passage (east of the Ionian Sea and south of Greece), parts of the Balearic Sea and Algerian basin (Figure 1s). These regions coincide with areas where the SST-based trends in the number of events are also elevated (Figure 1d). In contrast, the OHC-derived trends are relatively lower in regions such as the southern coast of Sicily and the eastern coasts of Corsica and Sardinia, when compared to the corresponding SST-derived trends. In the Black Sea, the
290 number of events exhibits stronger increasing trends along the Rim Current, a signal not captured by the SST-based metric. For event duration, the OHC-based trends display more spatial gaps (areas with no statistically significant trend), particularly in the eastern Mediterranean (Figure 1t), where trend values are also slightly lower compared to those derived from SST (Figure 1e). An interesting finding emerges for MHW intensity: OHC-based trends show localized negative values along the Rim Current pathway, especially near the Anatolian coast and in areas adjacent to the Kerch Strait (Figure 1u). In the
295 Mediterranean Sea, small areas of negative trends in intensity are observed in regions such as the Gulf of Lion and the Crete gyre (Figure 1u). Among these, only the Gulf of Lion also exhibits similar negative trends in the SST-based definition (Figure 1f).

Correlation maps for the period 1993–2024 show statistically significant agreement between annual-average MHW metrics derived from SST and OHC in the upper 0–40 m throughout large areas of the western and central Mediterranean Sea
300 (Figures 1v-1x). Considering the number of events, significant correlations are observed in most of the Mediterranean, but

this decreases toward the central and eastern basins and in the Black Sea, where non-significant correlations become more frequent. Event duration exhibits generally stronger and more spatially consistent correlations, particularly in the Mediterranean Sea, with r values often exceeding 0.8, while correlations in the Black Sea are weaker overall. Correlations for event intensity tend to be lower and more variable, with non-significant values covering nearly the entire Black Sea and the central and northern Adriatic Sea.

While correlations indicate agreement between surface and subsurface MHW metrics on an annual scale (particularly for frequency and duration; Figures 1v-1w), they may mask differences in timing, depth structure, or seasonal behavior. To partially address this limitation, we further examine seasonal correlations, which reveal marked contrasts between summer and winter conditions. During summer (Figures 1y-1aa), correlations are generally weaker, which is consistent with enhanced upper-ocean stratification and a shallower mixed layer. Given that OHC is defined over the upper 0–40 m and that summer mixed-layer depths are typically shallower than 40 m in both basins (Kara et al., 2009; Houpert et al., 2015), SST- and OHC-derived MHW metrics tend to diverge, suggesting that additional subsurface processes below the mixed layer may contribute to summer MHW development. This seasonal decoupling highlights the relevance of a combined detection approach using both surface and subsurface indicators. In contrast, during winter (Figures 1ab-1ad), increased vertical mixing and convective processes deepen the mixed layer, in some regions exceeding 70 m, resulting in consistently high significant correlations between SST- and OHC-based MHW metrics across most of the Mediterranean and Black Seas, with values above 0.85 ($p < 0.05$). Overall, these seasonal correlation patterns are consistent with the findings of Juza et al. (2022), who associated shallow, intense MHWs during summer with strong stratification and deeper penetration of thermal anomalies in winter when vertical mixing is enhanced.

The following highlights summarize the main patterns and trends of MHWs identified using the upper-OHC (0–40 m) definition:

- Subsurface MHWs generally last longer than surface events. The average number of events is lower in some Mediterranean regions (e.g., African coast, Adriatic Sea, central basin) and higher across most of the Black Sea.
- Subsurface MHW intensities are highest in the Black Sea, particularly near the Rim Current and mesoscale eddies. In the Mediterranean, average intensities are lower, with relatively elevated values in some regions such as the Gulf of Lion, Crete gyre, and Alboran Sea.
- Trends calculated from annual averages show increasing numbers and durations of subsurface MHWs, with the strongest increases in the central and south Adriatic Sea and Cretan Passage for the number of events (Mediterranean), and along the Rim Current for the number of events and in the western Black Sea for duration; very localized negative intensity trends occur in both seas.
- Correlations between SST- and upper-OHC-derived MHW metrics are weaker in summer, due to stratification and shallow mixed layers, but increase in winter with deeper mixing and convection, highlighting the added value of combining surface and subsurface indicators.

3.3 Sensitivity of SST- and OHC-Based MHW Metrics to Water Mass Structure

335 The objective of this section is to characterize MHW events using both definitions and to assess the sensitivity of each approach to the vertical structure of water masses. Although water mass dynamics are known to influence thermal variability in these semi-enclosed basins, this section does not explore causal relationships or feedbacks between MHWs and water mass formation. Instead, it provides a descriptive evaluation of how different MHW definitions respond to varying water mass structures.

340 3.3.1 Black Sea Cold Intermediate Layer

In the Black Sea, a prominent feature is the CIL, a subsurface cold water mass that forms during winter through surface cooling and convective mixing. The CIL, typically characterized by temperatures below 8°C and found between depths of 30 and 80 meters (Ivanov et al., 2001), contributes significantly to subsurface ventilation (Özsoy and Ünlüata, 1997). Its seasonal formation is driven by dense surface waters sinking during cold winters, and it can modulate heat distribution in the upper ocean. The warming of the Black Sea has led to an increased occurrence and intensity of MHWs and has significantly contributed to the gradual disappearance of the CIL, as evidenced by both observational and reanalysis datasets (Stanev et al., 2019; Lima et al., 2021, 2025).

In the Black Sea, the detection of MHWs differs significantly between surface- and subsurface-based metrics, particularly in recent years marked by the formation of the CIL (e.g. 2012) which alters the thermal structure of the water column. Figure 2 shows MHWs intensity and duration evaluated using both SST-based (left) and OHC-based (right) definitions for selected years: 2011 is included due to a pronounced positive surface temperature anomaly. The years 2012 and 2017 feature the presence of the CIL, with 2012 showing a well-developed CIL and 2017 a less pronounced presence (Stanev et al., 2019; Lima et al., 2025). The year 2024 is included as it exhibited record breaking MHW intensity. In 2011, reanalysis data revealed negative temperature anomalies confined to the near-surface layers, promoting the subduction of cold water and contributing to the development of a well-defined CIL in 2012 (Lima et al., 2021, 2025). These thermal structures influence MHWs detection differently depending on the metric applied. In 2011, SST-based metrics indicate limited MHW coverage due to cooler surface conditions. However, in 2012, OHC-based metrics show significantly reduced MHW spatial extent compared to SST-based estimates (see also Figure 4, discussed in a later section), highlighting the importance of vertical heat distribution in accurately characterizing MHWs. In 2017, another year marked by the presence of the CIL, cold temperatures were more uniformly distributed throughout the upper layers in the Black Sea. In this case, SST- and OHC-based definitions produced closely aligned metrics, both indicating diminished MHW coverage, particularly in the western Black Sea. These findings demonstrate how the presence and vertical structure of the CIL influence the detection and apparent intensity of MHWs, depending on whether surface or subsurface indicators are used.

In 2017 and 2024, the OHC-based metric detected a more pronounced signal, with intensified MHW events notably concentrated along the Rim Current and in eddy-dominated areas, such as the Sevastopol eddy located west of Crimea. This

spatial distribution aligns with the long-term pattern observed in OHC-derived metrics over the period 1993–2024 (Figure 1, rows 6), reinforcing the consistency of subsurface-driven MHW signals in these dynamically active regions. In contrast, the SST-based approach does not capture these features, highlighting the added value of incorporating subsurface heat content to more accurately represent MHW intensity and spatial variability. In 2024, surface MHW intensity increased substantially, surpassing 4.6 °C along the Anatolian coast, a region influenced by summer upwelling (Gunduz et al., 2022), and reaching up to $1 \times 10^9 \text{ J m}^{-2}$ in areas along both the southern and northern branches of the Rim Current. Furthermore, both SST- and OHC-based definitions identify events with durations exceeding 30 days, with consistent detections particularly evident west of Crimea and in the central and southwestern parts of the basin.

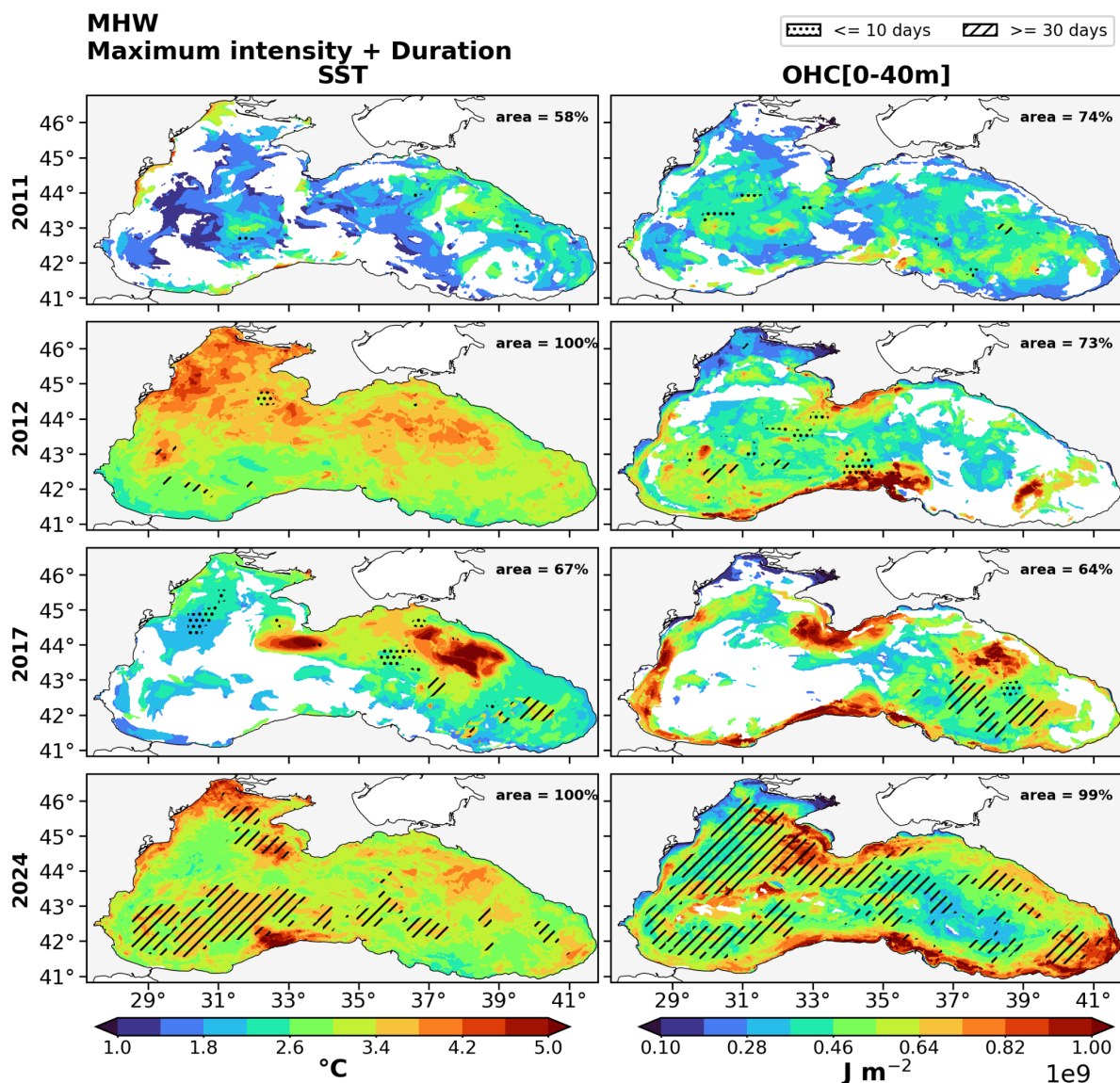


Figure 2: Spatial distribution of the yearly average of maximum intensity of MHW events for selected years in the Black Sea using SST-based (left) and OHC-based (right) definition. Hatched areas highlight regions where events lasted less than 10 days or more than 30 days. Results are derived from the Black Sea regional reanalysis (product ref. no. 3 in Table 1).

To summarize the interaction between MHWs and the CIL in the Black Sea:

- Long-term warming has led to an increased occurrence of MHWs and to a progressive reduction or even absence of the CIL in recent years.
- Nevertheless, in years characterized by more severe winters (e.g., 2012 and 2017), the CIL can still develop, altering the upper-ocean thermal structure and leading to substantial differences between SST- and OHC-based

metrics when the CIL is well developed (e.g., 2012), and to more convergent estimates when subsurface cooling is more vertically uniform (e.g., 2017).

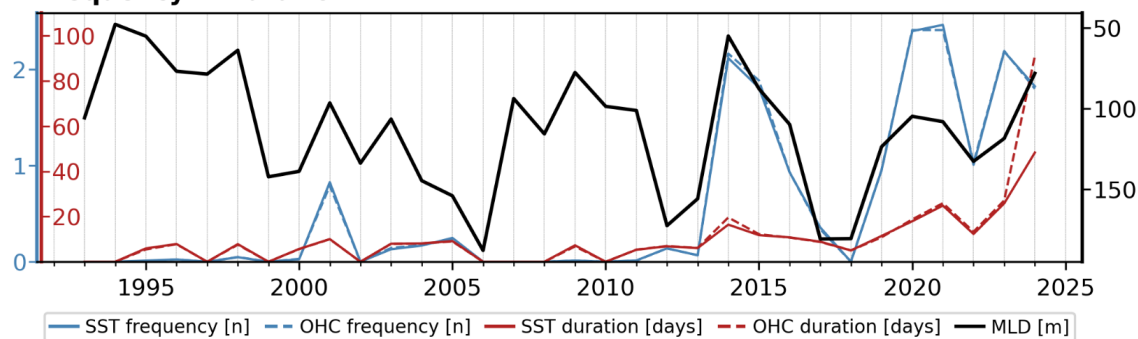
- OHC-based metrics consistently emphasize dynamically active regions, such as the Rim Current and associated eddies, highlighting the importance of subsurface heat content for resolving the spatial structure and intensity of Black Sea MHWs.

3.3.2 Southern Adriatic Sea Pit and the Eastern Mediterranean Deep Water

To better understand how MHW metrics respond to changes in water mass structure in the Mediterranean Sea, we focus on the Southern Adriatic Sea Pit (SAP), a key area for the formation of Eastern Mediterranean Deep Water (EMDW), which occurs during winter. Since this process affects how deep the surface layer mixes, it can influence how MHWs are detected. The Adriatic Deep Water (ADW), along with the North Adriatic Dense Water (NAdDW), is identified as one of the main sources of EDMW (Gačić et al., 2001; Paladini de Mendoza et al., 2022; Parras-Berrocal et al., 2023). The southward spread of NAdDW along the western Adriatic coast, together with open-ocean convection in the center of the permanent cyclonic gyre over the SAP, contributes to the formation of ADW (Denamiel et al., 2025). ADW plays a significant role in maintaining the overturning circulation of the Mediterranean Sea.

Figure 3 presents a time series of wintertime mean values for the number, duration, and intensity of MHW events evaluated using both SST-based and OHC-based approaches, together with the winter mean MLD, defined as the depth where potential density increases by 0.01 kg m^{-3} relative to 10 m, all averaged over the SAP basin. In most years, lower MHW frequency and shorter event durations are associated with deeper MLDs, typically exceeding 100 m. An interesting observation occurs in 2014, when relatively higher MHW metrics — exceeding two events with durations longer than 15 days based on both SST- and OHC-derived estimates — coincide with a relatively shallow winter MLD, averaging approximately 50 m. This suggests that the increased presence of MHWs may have contributed to a more stratified winter, a behavior that may be partly explained by anomalous atmospheric forcing, consistent with the findings of Le Meur et al. (2025), who reported positive wintertime heat flux anomalies from ERA5 reanalysis in the South Adriatic during 2014.

South Adriatic Pit (SAP) Winter MHW Frequency + Duration



Maximum intensity + Duration

▨ ≤ 10 days ▨ ≥ 30 days

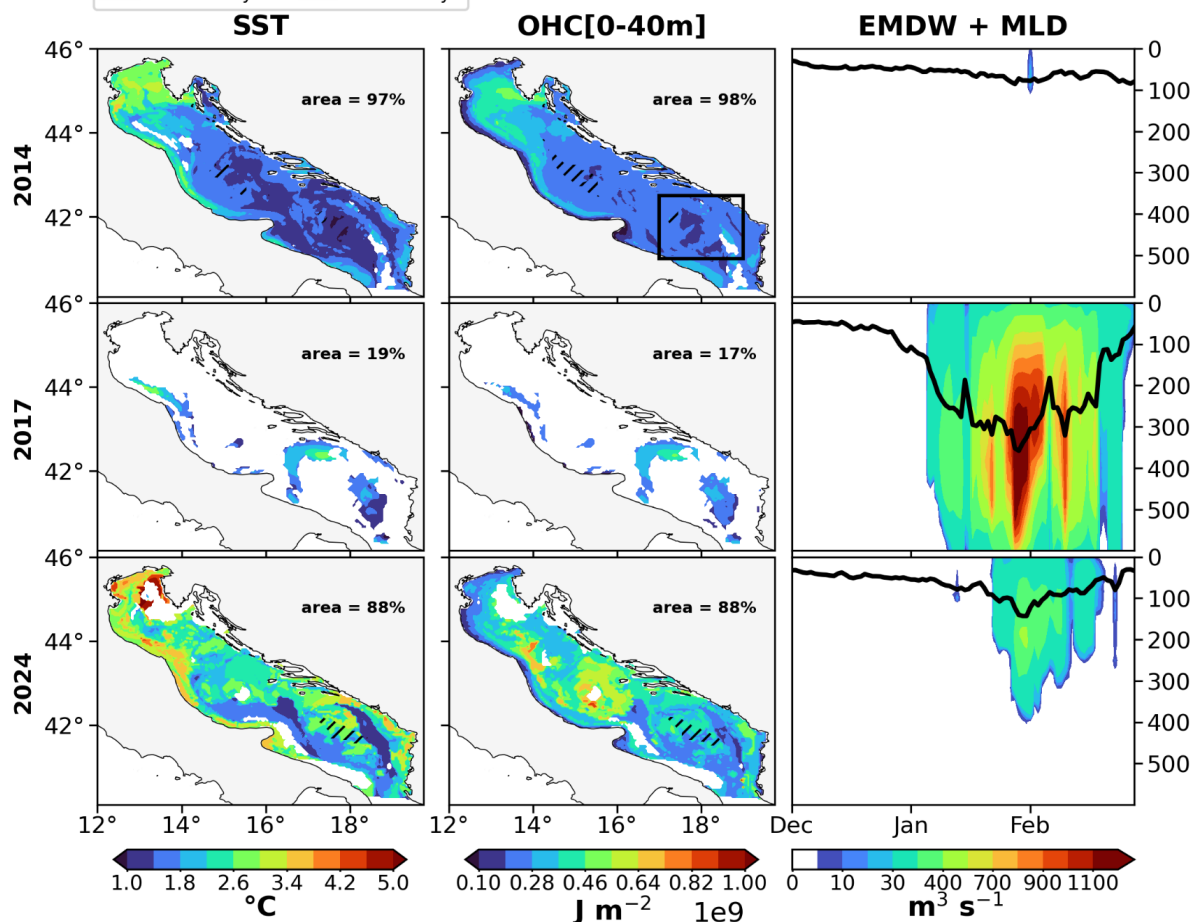


Figure 3: Upper plot: Time series show basin-averaged MHW frequency and duration (days) from two definitions based on SST and OHC, together with mean MLD during winter (1993–2024) in the SAP region. Lower plot: Spatial maps exhibit MHW maximum intensity based on SST ($^{\circ}\text{C}$) on the left and OHC (0–40 m, J m^{-2}) in the middle for 2014, 2017, and 2024 in the Adriatic Sea. The black rectangle on the 2014 OHC map indicates the SAP region. Hatched areas highlight regions where events lasted less

than 10 days or more than 30 days. Hovmöller diagrams on the right panels reveal water mass formation rates of the EMDW ($\text{m}^3 \text{s}^{-1}$) overlapped by daily mean MLD values for the winter months in the SAP region. Results are derived from the Mediterranean Sea regional reanalysis (product ref. no. 4 in Table 1).

Similarly, data from the Copernicus OMI on Mediterranean Water Mass Formation Rates (EU Copernicus Marine Service Product, 2024h, <https://doi.org/10.48670/mds-00318>) indicate an abrupt decline in EMDW formation, with notably low transport (in Sverdrups), during the 2014–2016 period. Kokkini et al. (2020) reported that 2014 was characterized by less saline water dominating the upper layers across the entire pit, accompanied by a significant heat gain in the whole Adriatic Sea. These conditions likely suppressed winter convection, leading to weakened ADW formation, while the associated heat gain may have contributed to the observed increase in MHW activity. In 2017, EMDW formation was reestablished, consequently accompanied by a marked increase in winter MLD and a sharp decline in MHW events.

The Hovmöller diagrams in Figure 3 presents the wintertime EMDW formation rates for key years, illustrating a significant increase in 2017 compared to 2014. The methodology for estimating EMDW formation follows Simoncelli and Pinardi (2018), consistent with the approach applied in the OMI analysis described in the paragraph above. These years were selected to illustrate contrasting MHW detection patterns under varying deep-water formation regimes (see spatial maps in Figure 3). In 2014, widespread MHWs across the Adriatic Sea, particularly in the SAP, indicate inhibited convective mixing, leading to weaker EMDW formation and a shallower winter MLD. Conversely, in 2017, stronger convective conditions prevailed, reflected in deeper MLDs and higher EMDW formation rates, coinciding with a substantial reduction in MHW activity.

We also present the results for 2024, when the MHW assumed a higher intensity in the Adriatic Sea and events lasted more than 30 days in the SAP region (Figure 3; top). In that year, the time series also indicates a reduction in winter MLD, which is accompanied by elevated MHW metrics, underscoring how MHWs influence the ocean's stratified state. Unlike in 2014, when vertical convection ceased, the Hovmöller diagram for 2024 reveals signs of vertical convection that may be influenced by regional salinity.

Overall, time series of wintertime MHW estimates derived from both SST- and OHC-based definitions demonstrate strong spatial agreement in the Adriatic Sea, although intensity maps reveal differing spatial patterns, with distinct regions of higher intensity depending on the metric used (Figure 3). To summarize, the wintertime interaction between MHWs, upper-ocean stratification, and deep-water formation in the Southern Adriatic Sea reveals that:

- Enhanced wintertime MHW activity is associated with increased upper-ocean stratification, expressed by a shallower MLD, whereas deeper winter mixing is consistently linked to reduced or absent MHW occurrence.
- High wintertime MHW activity and associated heat gain (e.g., 2014) coincide with weakened winter convection and reduced EMDW formation, while years characterized by stronger convection (e.g., 2017) exhibit deeper mixed layers and suppressed MHW activity.

445 **3.4 Intensity-Based Analysis of MHW in the Black and Mediterranean Seas**

Our findings indicate that the use of a single method for monitoring MHWs, whether based exclusively on SST or OHC, is insufficient to fully characterize and monitor MHWs across both the Black and Mediterranean Seas. Each index reflects different aspects of ocean warming and is influenced by distinct physical drivers, with SST closely linked to atmospheric conditions and OHC representing heat stored beneath the surface. When applied separately, these indices may offer an incomplete representation of thermal anomalies, limiting their effectiveness in capturing the full scope and variability of MHWs in both seas. Our results support previous findings (e.g., McAdam et al., 2023) that highlight the importance of incorporating subsurface information into monitoring strategies. Therefore, we recommend a combined approach that integrates SST- and OHC-based definitions, including event intensity levels based on the categorization framework such as established by Hobday et al. (2018). Figures 4 and 5 show this combined approach applied to the Black Sea and Mediterranean Sea respectively.

In the Black Sea, both the average spatial extent and basin-average number of days of moderate MHW events have increased over time, with recent years showing coverage extending across nearly the entire basin (Figure 4). As discussed in the previous section, years marked by the presence of the CIL can exhibit distinct behavior depending on the MHW definition applied. In 2012, the SST-based definition indicates nearly complete basin-wide coverage of moderate MHWs on an annual scale, whereas the OHC-based definition shows less than 80% coverage. In contrast, during 2017, when the cold signal associated with the CIL was more uniformly distributed throughout the water column, both definitions produced similar metrics for moderate events, with spatial coverage around 60% and a basin-average of approximately 25 days. A notable result is found in 1994, when the SST-based definition indicates that moderate events cover almost the entire sea, with the basin-average number of days exceeding 25. By comparison, the OHC-based definition for the same year shows spatial coverage of about 60% and a slightly lower basin-average number of days, just below 25. The correlation between moderate MHW metrics derived from SST and OHC definitions is 0.89 for spatial coverage and 0.88 for the basin-average number of days, both statistically significant ($p < 0.05$).

The spatial coverage of strong MHW events shows a positive trend over time for both definitions. In contrast, no clear trend is observed in the basin-averaged number of days, although elevated values are noted in recent years, particularly in 2023 and 2024. The year 2010 is particularly notable, with the SST-based definition indicating that strong events affect nearly the entire basin and the basin-average number of days exceeded 10. This signal is not captured by the OHC-based definition. Similarly, SST-based metrics indicate that more than 20% of the basin was affected by severe events in 2010, a pattern not detected using the OHC approach. Mohamed et al. (2022) associated the exceptionally high MHW activity in 2010 with the influence of El Niño, suggesting a potential link between large-scale climate variability and surface heatwave manifestations in the Black Sea. The presence of the CIL is also reflected in the detection of strong events in 2012, when the SST-based definition shows a wider spatial extent than the OHC-based definition, further highlighting the impact of subsurface thermal structure on MHW detection in the Black Sea. To further illustrate this, we include the 0–100 m OHC anomaly from the

Black Sea regional reanalysis, together with observational estimates of CIL cold content from Capet et al. (2020). These datasets respectively show a decline in OHC and an increase in CIL cold content in both 2012 and 2017, consistent with a more pronounced CIL presence during those years, which may have affected the detection of MHWs using the OHC-based definition. Correlation coefficients between SST- and OHC-based metrics are statistically significant ($p < 0.05$). For spatial coverage, the coefficients are 0.79, 0.81, and 0.80 for the strong, severe, and extreme categories, respectively. For the basin-average number of days, the corresponding correlations are 0.84, 0.43, and 0.67.

Considering all categories, the year 2024 exhibits record-high values in both spatial coverage and basin-average number of days for MHW events, based on both SST- and OHC-based definitions. In this year, moderate events were detected on more than 125 days according to both definitions, while the OHC-based definition indicates that strong events occurred with a basin-average duration of approximately 40 days. Detection based on either SST or OHC reveals spatial coverage exceeding 80% for strong events and approaching 50% for severe events. Although extreme events covered a smaller area in 2024, their occurrence remains relatively high compared to previous years in the time series. Additional MHW metrics for 2024 are summarized in the chart diagrams (Figure 4, right).

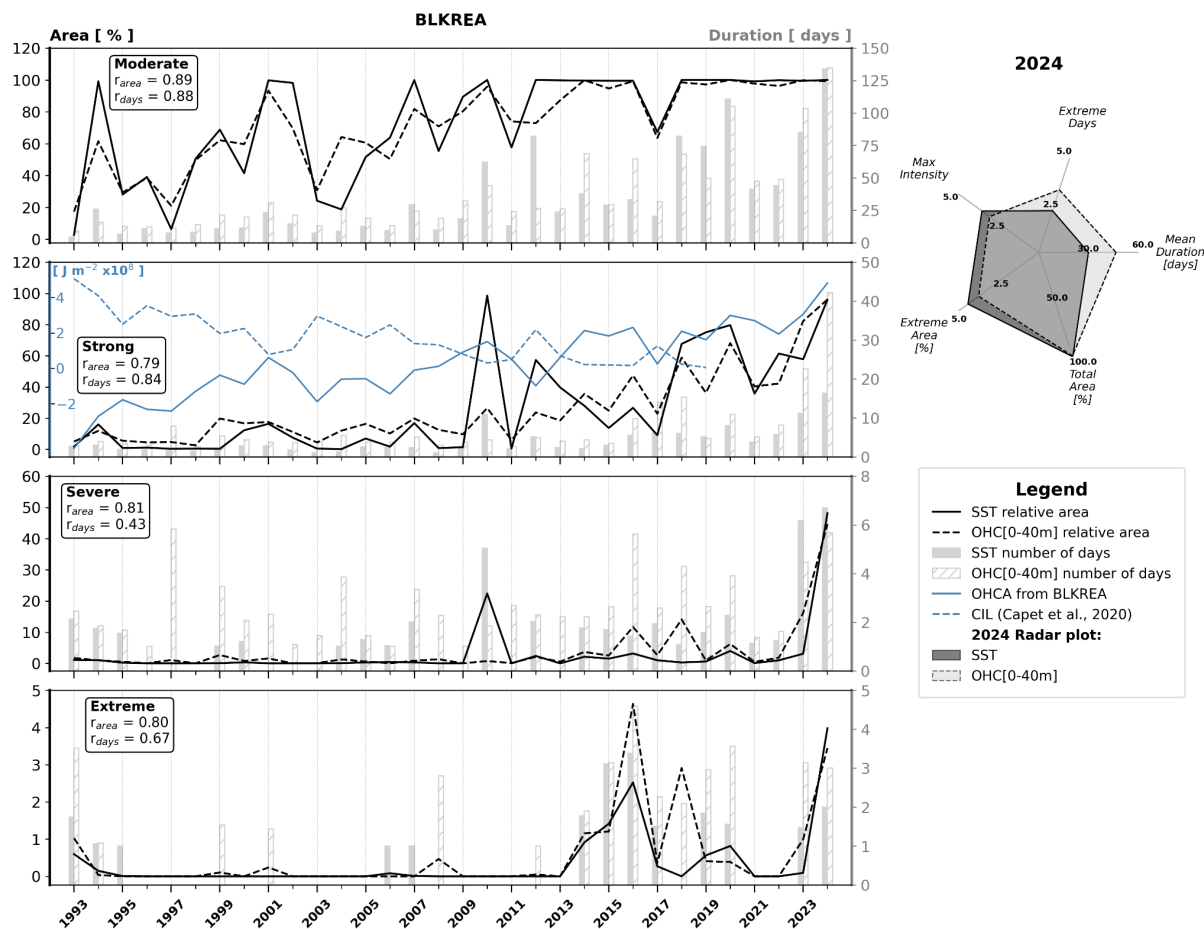


Figure 4: Time series of the temporal and basin-wide mean spatial coverage of MHW events in the Black Sea based on SST (solid line) and OHC (dashed line) definitions. Results are derived from the Black Sea regional reanalysis (product ref. no. 3 in Table 1). The bars show the mean number of days of events for each category over the years, with SST-based values in grey and OHC-based values shown with hatching. On the right, the radar chart summarizes selected MHW metrics using both definitions for the year 2024. Events are categorized as moderate, strong, severe, or extreme, following the classification by Hobday et al. (2018). The correlations between the spatial coverage (r_{area}) and number of days (r_{days}) are also presented for each category. For the “strong” category, blue curves show the time series of OHC anomalies within 0–100 m (solid blue line) and CIL cold content from observations (dashed blue line; Capet et al., 2020).

In the Mediterranean Sea (Figure 5), both the basin-averaged number of days and spatial extent of moderate and strong MHW events have increased in recent years, with peaks occurring in 2023 or 2024 depending on the metric and definition used. In 2023 and 2024, moderate events nearly cover the entire basin, with the mean number of days exceeding 100. Although strong events occur less frequently and affect smaller areas, their spatial extent and mean total days have increased significantly since 2021, peaking in 2024 with values exceeding 80% coverage and approximately 40 days. An exception to this overall increasing trend occurred in 2005, when a notable decline in the spatial extent of both moderate and strong MHWs was observed. This anomaly coincides with an abrupt disruption in the long-term warming trend reported in the

Mediterranean Sea that year, which had consequences for the formation of Western Mediterranean Deep Water (López-Jurado et al., 2005; Beuvier et al., 2012).

510 When comparing definitions, OHC-based metrics generally indicate lower spatial coverage for both moderate and strong MHW events relative to SST-based estimates. Severe events cover less than 10% of the basin for most years in the study period, although recent years show an increase, with SST- and OHC-based values reaching approximately 40% and 20%, respectively, in 2024. Despite this expansion in spatial extent, the frequency of severe events remains low, with these events typically occurring on fewer than 7 days.

515 Overall, metrics derived from SST- and OHC-based definitions exhibit strong and statistically significant correlations ($r > 0.9$, $p < 0.05$). However, the mean total days of severe and extreme events show lower correlations of 0.77 and 0.73, respectively. The year 2024 displays notably high values across multiple MHW metrics, as illustrated in the radar plot (Figure 5, right).

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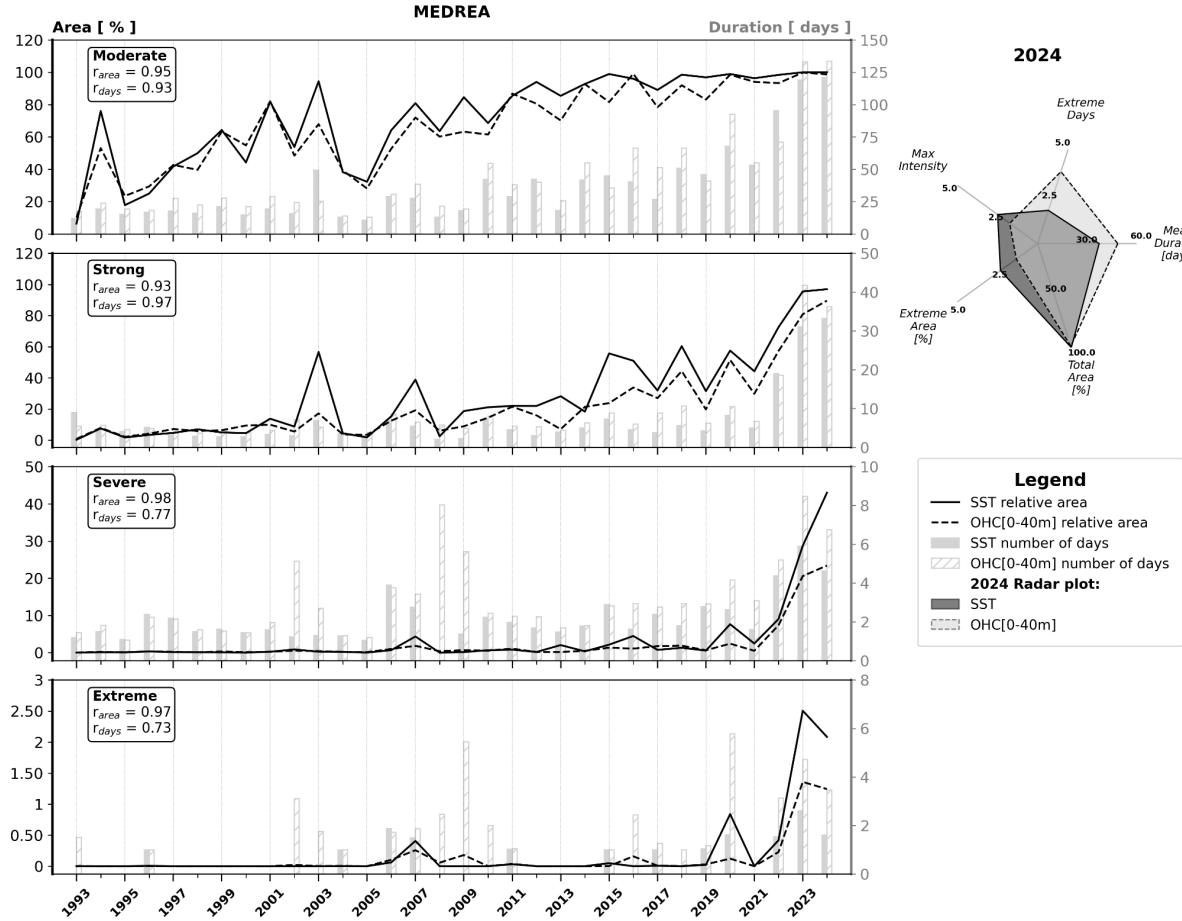


Figure 5: Time series of the temporal and basin-wide mean spatial coverage of MHW events in the Mediterranean Sea based on SST (solid line) and OHC (dashed line) definitions. Results are derived from the Mediterranean Sea regional reanalysis (product

ref. no. 4 in Table 1). The bars show the mean number of days of events for each category over the years, with SST-based values in grey and OHC-based values shown with hatching. In the right, the radar chart summarizes selected MHW metrics using both definitions for the year 2024. Events are categorized as moderate, strong, severe, or extreme, following the classification by Hobday et al. (2018). The correlations between the spatial coverage (r_{area}) and number of days (r_{days}) are also presented for each category.

To synthesize the intensity-based analysis of MHWs in the Black and Mediterranean Seas, the main findings are summarized as follows:

- SST- and OHC-based definitions provide complementary information, and their combined use is required to robustly characterize MHW intensity, duration, and spatial extent across both basins.
- Subsurface thermal structure, particularly the presence of the CIL, strongly modulates MHW detection in the Black Sea.
- The Mediterranean Sea exhibits recent MHW intensification consistent with the Black Sea. The year 2024 represents an unprecedented MHW year, with record-high spatial coverage and basin-averaged duration across multiple intensity categories in both seas.

4 Conclusions

We update and expand the analysis of MHW metrics in the Mediterranean Sea and apply a similar assessment to the Black Sea, following HD2016. For both regions, we estimate the uncertainty of SST-based MHW metrics using three different products and extend the analysis to sub-surface MHWs by means of an OHC-based formulation. This ensemble-based approach can be further strengthened by including additional reanalyses and observational datasets, thereby allowing for a more robust quantification of uncertainties. The regional reanalysis provides more reliable estimates than the global reanalysis, closely aligning MHW metrics with observational SST data. MHW metrics derived from SST and OHC are generally consistent, with high correlation in event duration ($r > 0.8$, $p < 0.05$) across the central and eastern Mediterranean. The number of MHW events also exhibits generally high correlations, though values decline toward the central and eastern Mediterranean and parts of the Black Sea, where correlation coefficients fall below 0.6 ($p < 0.05$) and become non-significant ($p > 0.05$) over a more extensive area (Figures 1v-1x). However, substantial differences also emerge, including variations in intensity patterns and cases where surface anomalies are not accompanied by subsurface warming, and vice versa. These contrasts highlight the importance of using SST- and OHC-based formulations as complementary sub-indicators to better characterize the full vertical structure and spatial complexity of MHWs, as further illustrated in the regional examples below.

Our seasonal analysis further refines these conclusions by showing that the agreement between surface and subsurface MHW metrics is strongly season-dependent. Although annual correlations are generally high, they mask pronounced summer–winter contrasts. During summer, enhanced upper-ocean stratification and shallow mixed-layer depths lead to weaker correlations between SST- and OHC-derived metrics, indicating that surface-only definitions do not fully capture the

subsurface structure of MHWs. This limitation is particularly relevant because summer MHWs are typically more intense and associated with the strongest ecological and socio-economic impacts (Wang and Zhou, 2024). In contrast, winter conditions are characterized by deeper mixed layers and enhanced vertical mixing, resulting in consistently high and significant correlations between SST- and OHC-based metrics across most of the Mediterranean and Black Seas. Together, these results demonstrate that while surface and subsurface indicators converge under well-mixed winter conditions, a combined SST–OHC monitoring approach is essential to adequately characterize the vertical structure and impacts of MHWs, particularly during summer.

In the Black Sea, OHC-derived MHW intensity highlights subsurface processes associated with the Rim Current, capturing localized maxima that are absent in SST-based estimates. For instance, in 2012, the presence of a well-developed CIL led to subsurface cooling, which masked the MHW signal in OHC, while surface temperature anomalies remained detectable using the SST-based definition. In the Adriatic Sea, surface and subsurface MHWs show generally consistent frequency and duration over time, particularly in the SAP region. However, the spatial distribution of maximum intensity often diverges between SST- and OHC-based definitions, with peak values located in different areas depending on the definition used. These variations highlight the limitations of using either SST- or OHC-based definitions alone. Radar plots that integrate intensity, duration, and spatial extent are useful for monitoring the temporal evolution of MHW characteristics. They serve as synthetic indicators for ocean monitoring and help synthesize interannual differences as well as those arising from the use of SST versus OHC definitions.

In 2024, both the Black Sea and Mediterranean Sea experienced record-high MHW intensities and durations, with events lasting over 30 days and temperature anomalies exceeding 4.6 °C in key regions such as the Anatolian coast (Figure 2, bottom left), where summer upwelling commonly influences local ocean conditions. These extreme recent events underscore the urgency of refining monitoring strategies and understanding the mechanisms behind MHW development in these semi-enclosed basins.

Our findings provide valuable insights for monitoring MHWs in both seas. We recommend a MHW OMI that integrates both SST and OHC definitions to capture surface and subsurface heatwave signals in the Mediterranean and Black Seas. While the HD2016 definition remains practical for current monitoring, future studies may benefit from refined methods such as higher percentiles, moving average climatologies, or detrending to better separate extremes from long-term warming (Appendix A). Since the 90th percentile may be less restrictive for some regions, categorizing MHWs according to their intensity remains essential, and the Hobday framework provides a robust basis by classifying events as moderate, strong, severe, or extreme.

While the need to provide information on both surface and subsurface characteristics of MHWs is made clear in this study for the Mediterranean and Black Sea, and in Sun et al. (2023) at global scale, the depth ranges of interest depend greatly on region and application. The 0–40 m layer was selected here to capture the biologically productive upper epipelagic zone, which supports key ecological functions and socio-economic activities. Incorporating a subsurface MHW indicator provides valuable insights for ecosystem management and early warning systems. Monitoring OHC-based heat anomalies can help

590 anticipate thermal stress on sensitive habitats, aquaculture sites, or commercial fisheries before surface signals appear, enabling timely management actions and reducing the impacts of mass mortality events and disruptions in biological productivity. Future studies should therefore explore region-specific depth thresholds that account for local oceanographic dynamics and ecological sensitivities.

Appendix A. Effect of SST and OHC Detrending on MHW Metrics

595 An additional analysis is performed to assess the impact of using a detrending approach for MHW detection by removing the mean trend value over the full spatial domain of each product from the original SST and OHC time series before applying the detection algorithm. Specifically, the linear trend is removed individually at each grid point to account for local variations in long-term change.

According to the standard SST-based definition, basin-averaged values for both the number and duration of MHW events
600 exhibit marked interannual variability in both the Black and Mediterranean Seas, with particularly pronounced fluctuations in the former. For example, the number of events in the Black Sea ranged from fewer than one to nearly five per year during relatively short periods, such as between 2009 and 2013. Additional peaks approaching or exceeding five events were observed in 2018, 2020, and 2024. In recent years, the number of events has increased in both basins, with 2024 marking a record year for both. Elevated frequency in 2024 also extends to event duration, highlighting it as an exceptionally warm
605 year in both regions. In that year, the spatially averaged duration of extreme temperatures exceeds 30 days in the Mediterranean Sea and approaches 30 days in the Black Sea. In the first part of the analyzed period, the detrended metrics are larger until around 2007-2008, then they become lower than the "reference" metrics. Instead, the intensity of events is not significantly influenced by detrending over the years. The intensity time series begins with elevated values exceeding 5°C in 1993 in the Black Sea and over time, intensity decreases and stabilizes around 3°C, whereas in the Mediterranean Sea, values
610 consistently remain close to 2°C.

The analysis is further extended beyond regional reanalysis products to assess the impact of detrending within a multi-product framework (Figure A1 and Table A1). We first describe the results obtained using the formulation without detrending the SST. Considering the number of events, regional reanalysis products always show higher trends with respect to the global reanalysis and satellite observations. In contrast, the global reanalysis exhibits the highest trends in event
615 duration, surpassing both regional reanalysis and the observed SST except for the Adriatic and Black Seas, where the duration trend is higher in the regional reanalysis. In these two regions, however, no product shows a statistically significant intensity trend. After detrending SST, most trends in the number and duration of events become non-significant (Figure A1 and Table A1 exclude trends that are not statistically significant). Exceptions include the regional reanalysis in the western, eastern, and entire Mediterranean Sea, where the duration of events shows small and negative trends. In the Aegean Sea, the duration trend derived from the global reanalysis remains positive, although its magnitude is reduced to approximately half
620 of that observed under the standard (non-detrended) definition. Regarding MHW intensity, either the global or regional

reanalysis indicates increasing trends across most of the Mediterranean Sea. Again, in the Adriatic and Black Seas, no product shows a statistically significant trend.

625 To distinguish the warming signal, Martinez et al. (2023) analyzed MHW metrics in the Mediterranean Sea by applying
630 detections to the SST-L4 observational product and comparing results from the standard definition with those obtained after
detrending. Similarly, their findings reveal positive trends using the standard method, whereas the detrended approach shows
no statistically significant trends. Consistent with our findings, their results indicate that the occurrence of MHWs is
predominantly driven by the underlying temperature trend.

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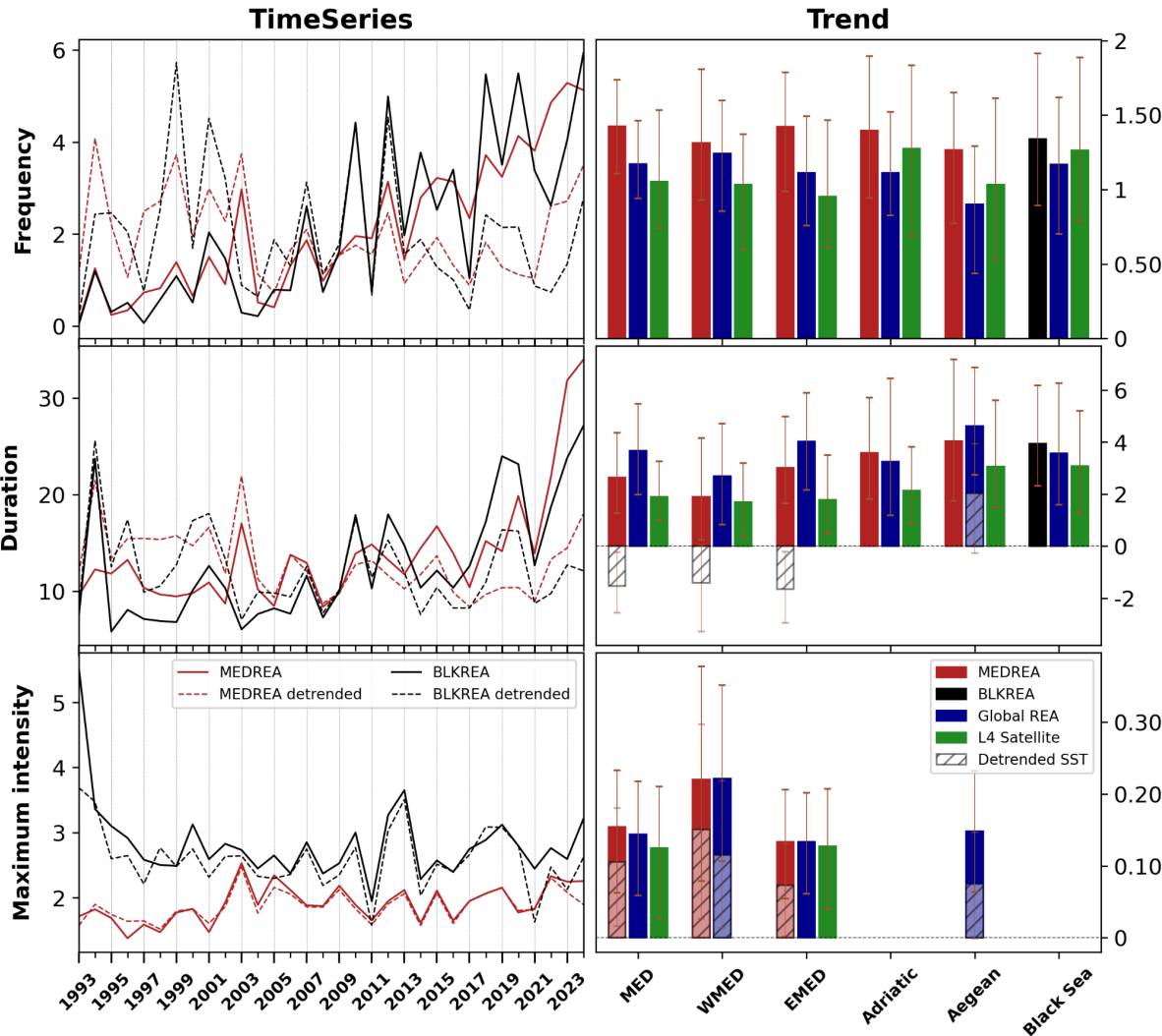


Figure A1: Left: Time series of annual MHWs metrics – number, duration (in days), and maximum intensity (in °C) – averaged over the entire Mediterranean (red lines) and Black Seas (black lines), comparing the SST definition (solid lines) with the

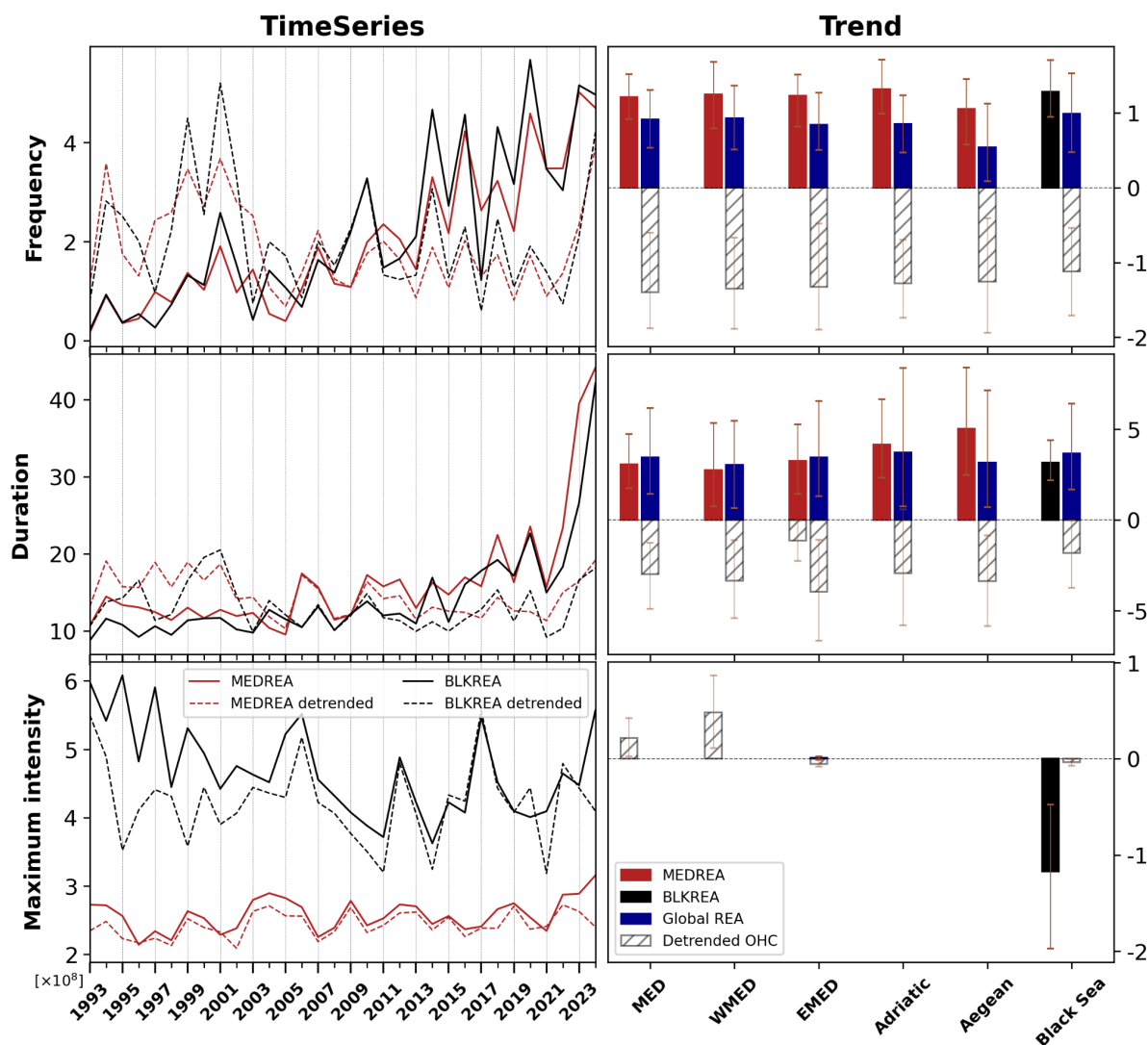
635 detrended approach (dashed lines), based on the regional reanalysis (product refs. no. 3 and 4 in Table 1). Right: significant (p<0.05) long-term trends (1993–2024) in MHWs number (events per decade), duration (days per decade), and maximum intensity (oC per decade), derived from regional and global reanalysis (product ref. no. 3, 4 and 5 in Table 1) as well as the SST-L4 observation product (product refs. no. 1 and 2 in Table 1), for selected (sub)regions following Dayan et al. (2022). Brown lines indicate the 95% confidence interval. Solid bars show standard metrics definition, striped bars show SST de-trended metrics.

640 Table A1. Long-term trends (1993–2024) with 95% confidence interval indicated in brackets of MHW number, duration, and maximum intensity per year, derived from regional and global reanalysis (product refs. no. 3, 4 and 5 in Table 1) as well as the SST-L4 observation products (product refs. no. 1 and 2 in Table 1), for selected (sub)regions. The subdomain definition follows Dayan et al. (2022). Non-significant trends (p>=0.05) are indicated by hyphens. Both SST (top) and OHC (bottom) derived metrics are presented. Rows shaded in grey in the table represent trends calculated using the detrended approach.

SST-derived metrics																				
	MED				WMED			EMED			Adriatic			Aegean			Black Sea			
	MEDREA	GLOREA	L4	Martinez et al. (2023)	MEDREA	GLOREA	L4	MEDREA	GLOREA	L4	MEDREA	GLOREA	L4	MEDREA	GLOREA	L4	BLKREA	GLOREA	L4	
Number events yr ⁻¹	0.103 (0.030)	0.084 (0.027)	0.076 (0.040)	0.074	0.101 (0.047)	0.089 (0.033)	0.070 (0.043)	0.101 (0.039)	0.080 (0.031)	0.063 (0.044)	0.117 (0.052)	0.088 (0.037)	0.083 (0.058)	0.092 (0.044)	0.058 (0.033)	0.068 (0.051)	0.098 (0.043)	0.085 (0.049)	0.093 (0.050)	
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Duration days yr ⁻¹	0.263 (0.173)	0.367 (0.180)	0.190 (0.136)	0.154	0.189 (0.226)	0.269 (0.202)	0.169 (0.151)	0.300 (0.197)	0.401 (0.188)	0.177 (0.173)	0.359 (0.213)	0.325 (0.321)	0.213 (0.169)	0.404 (0.313)	0.461 (0.225)	0.306 (0.254)	0.394 (0.224)	0.356 (0.270)	0.308 (0.212)	
	-0.154 (0.130)	-	-	-	-0.142 (0.187)	-	-	-0.165 (0.143)	-	-	-	-	-	-	0.202 (0.228)	-	-	-	-	
Intensity °C yr ⁻¹	0.015 (0.009)	0.014 (0.008)	0.012 (0.010)	0.036	0.022 (0.016)	0.022 (0.013)	-	0.013 (0.008)	0.013 (0.007)	0.013 (0.009)	-	-	-	-	0.015 (0.008)	-	-	-	-	
	0.011 (0.009)	-	-	-	0.015 (0.015)	0.012 (0.010)	-	0.007 (0.007)	-	-	-	-	-	-	0.007 (0.008)	-	-	-	-	
OHC-derived metrics																				
	MEDREA		GLOREA		MEDREA		GLOREA		MEDREA		GLOREA		MEDREA		GLOREA		BLKREA		GLOREA	
Number events yr ⁻¹	0.849 (0.282)		0.654 (0.297)		0.948 (0.386)		0.687 (0.352)		0.763 (0.357)		0.574 (0.367)		0.997 (0.351)		0.584 (0.376)		0.741 (0.434)		0.390 (0.378)	
	-		-0.940 (0.604)		-		-0.954 (0.561)		-		-1.171 (0.570)		-		-0.674 (0.547)		-		-1.047 (0.683)	
Duration days yr ⁻¹	3.061 (1.679)		3.456 (2.726)		2.746 (2.598)		3.033 (2.430)		3.272 (2.006)		3.457 (3.099)		4.152 (2.507)		3.727 (4.654)		5.042 (3.362)		3.171 (3.966)	
	-		-2.976 (1.933)		-		-3.336 (2.232)		-1.126 (1.130)		-3.945 (2.860)		-		-2.919 (3.509)		-		-3.378 (2.544)	
Intensity W m ⁻²	-		-		-		-		-		0.011 (0.019)		-		-		-		-1.171 (0.800)	
	0.218 (0.207)		-		0.481 (0.387)		-		-		-0.053 (0.043)		-		-		-		-0.034 (0.039)	

645 A similar pattern is observed using the OHC-based definition, with the number of MHWs exhibiting interannual variability (Figure A2 and Table A1). The annual count ranges from 1 event to a peak of over 5 events in 2020 in the Black Sea and in 2023 in both basins. When the time series is detrended, high MHW frequencies are also evident at the beginning of the period, with more than 4 events occurring in 1999 and 2001 in the Black Sea, compared to less than 3 events in the non-detrended data. Regarding the duration, maximum values of approximately 40 days are observed in both seas in 2024, 650 whereas the detrended data consistently show durations below 20 days. When considering MHWs intensity, consistently with SST-based metrics, The Black Sea constantly shows larger values with respect to the Mediterranean Sea.

After removing the warming trend, the number of MHW events shows negative trends in all regions, with statistically significant values observed in the global reanalysis (Figure A2 and Table A1). In contrast, trends from the regional reanalysis become non-significant after detrending. The global reanalysis also shows lower event frequency trends compared
655 to the regional reanalysis across the study areas. Event duration exhibits the strongest trend of 5 days per decade in the Aegean Sea. In some areas, such as the entire Mediterranean, the WMED and EMED, and the Black Sea, duration trends from the global reanalysis are higher than those evaluated from the regional datasets. Furthermore, all duration trends become negative, or not significant, after detrending. Considering the MHWs intensity, most of the analyzed regions show not statistically significant values, with positive trends in the Mediterranean Sea and especially in the West Mediterranean
660 basin when detrended OHC values are used. Notably, a negative trend in MHW intensity is observed in the Black Sea, which may be related to the reduction of intensity and negative intensity trend values along the Rim Current, such over the Anatolian and Caucasian coasts (see Figure 1, row 7).



665 **Figure A2:** Left: time series of annual MHWs metrics number, duration (in days), and maximum intensity (in J m⁻²) – averaged
over the entire Mediterranean (red lines) and Black (black lines) Seas, comparing the OHC (0–40 m) definition without detrending
(solid lines) with the OHC-detrended approach (dashed lines), based on regional reanalysis data (product refs. no. 3 and 4 in Table
1). Right: long-term trends (1993–2024) in MHWs number (events per decade), duration (days per decade), and maximum
670 intensity (W m⁻²), derived from regional and global reanalyses (product ref. no. 3, 4 and 5 in Table 1), for selected (sub)regions
following Dayan et al. (2022). Brown lines indicate the 95% confidence interval. Solid bars show standard metrics definition,
striped bars show SST de-trended metrics.

Data availability

This study is based on public databases, and their references are listed in Table 1.

Author contribution

675 LL led the organization of the study, prepared the manuscript, defined plots and figure layout, participated in code
implementation, and presented the results during meetings. RM contributed to key decisions and analysis discussions, which
were essential to shaping the final form of the manuscript, worked on the code, especially for figure preparation, and
reviewed the manuscript. ES provided useful input to the analyses throughout the study, contributed to the understanding of
the code, and played a very important role in analyses related to the Mediterranean Sea, particularly the Adriatic Sea. He also
680 reviewed the manuscript. RMcA provided scientific guidance from the early stages, helped define objectives and
conclusions, contributed with the initial analysis using the original code, and revised the manuscript, including scientific
content and English writing. FC parallelized the processing code for MHW detection, which was crucial in accelerating the
analyses, and actively contributed to scientific discussions. EC revised the manuscript in depth, improved analyses, results
presentation, and conclusions, and contributed to leadership and planning. MI, EJ, and PM participated in technical
685 discussions, supported the interpretation of results, and reviewed the manuscript. AA contributed to specific analyses and
helped improve the manuscript. FM participated in meetings where key aspects were discussed and followed the manuscript
development.

Competing interests

The authors declare that they have no conflict of interest.

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contribution number 43.

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